

# For healthy and radiant skin

## Dr Geeta Oberoi answers skin queries

I am a 29-year-old woman and post-pregnancy, I've got several stretch marks on my abdomen. Since I wear saris often, they look ugly and I would like to get rid of them permanently.

— Shashaya Shah

Stretch marks are caused due to pregnancy, weight loss or gain, weight lifting or extreme pulling of the dermis (skin layers). Rapid expansion of the dermis causes rupturing or splitting, resulting in depressed scarring of stretch marks. The treatment called Radio Frequency Pixel can show

about 60% reduction in stretch marks in four sessions. Since the procedure does not 'ablate' or remove the outer skin layer, patients can resume routine activities right after the treatment. Treatment helps in production of new collagen, which in turn improves marks. It is a comfortable procedure and takes about 30 minutes. Every treatment shows an improvement of 20 to 30%.

I am a 38-year-old woman and have a few lines and wrinkles around my eyes, a double chin and

sagging face. All these make me look much older than I am. What can I do?

— Chrutl Verma

With ageing, fine lines and wrinkles appear around the eyes, and worry lines on the forehead, cheeks tend to sag downwards, leading to double chin. These can be cor-

rected with a procedure of facial contouring called Radiofrequency, which is non-invasive and pain-free. It also helps in fat reduction of the double chin and tightening of the skin on the face, eyes and neck. It feels like a hot stone massage, is safe and painless and pulls back



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years from your face. You will see results after the first session itself — lines will smoothen, your face will tighten and lift up.

I am a 30-year-old woman and have bad scars on my face due to a problem of acne in my childhood. I also have from chickenpox marks. My wedding is in January, can I get rid of the marks?

— Devika Ajeet

We can only treat the scars after assessing the type and number of scars. A combination approach of peels and a

novel treatment called Radio Frequency pixel can be used. RF pixel has no downtime and has a scar reduction rate of up to 90%. Anyone who suffers from sun-damaged skin, acne or chickenpox scars or those who want to avoid the downside of surgery can benefit from RF pixel. A minimum of four sessions are needed.

— Dr Geeta Oberoi. For appointments SMS: 98200 33331, call: 2282 5555/ 2284 3000

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