

Buzzzz...

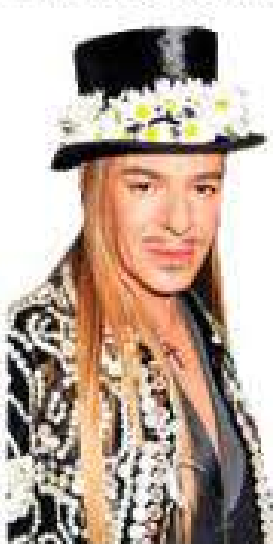


Nail polish for Muslim women

All varnish specially created keeping Muslim women in mind has finally arrived. The water permeable nail polish, which many describe as 'hale' nail polish, has been the buzz of social media on Instagram and Facebook. Young Malay women who love grooming are spreading the word about how the new creation adheres to Islamic standards. The nail polish is manufactured by a Canadian company under the name Tuesday in Love, but is marketed under the Modern Inal brand in Malaysia. A 27-year-old businesswoman, Elz Ramsky is launching this product in Malaysia.

"I read from one website about this nail polish sometime last year. I was intrigued by the claims and decided to buy it online. In Islam, praying with nail polish is not permissible because of the waterproof barrier it creates on the nails when a practitioner performs the wudu, the practice of washing with water before performing prayers," said Elz who started the business last year. She was impressed after a few experiments found the nail polish allowed water to penetrate through to the nail. Modern Inal's range of nail polish currently features 24 colours.

John Galliano teams up with a Russian beauty company



John Galliano has been out of the limelight for a bit. After his anti-semitic comments in public created a row, the designer left his position at Dior, and laid low. Russian beauty brand L'Etrole recently announced that Galliano is working with the brand's more than 150 prestige labels to grow the company. Initially he was believed to be the creative director, but it turns out his role is slightly less prestigious than that. According to a spokesperson for L'Etrole, he'll actually be acting in a consultant role. L'Etrole is supposedly the Russian equivalent of Sephora so that's still a pretty big deal. He'll also be the company's new spokesperson. Galliano has some previous experience in the fragrance space.

new app lets you try on make-up without buying

When shopping for cosmetics, it's hard to tell how the shade of lipstick, blush or foundation will look on the face. Makeup Genius is a new app that, according to The New York Times, "turns the front-facing iPhone and iPad camera into a make-up mirror that allows customers to virtually try on more than 300 cosmetic products and see immediately different looks or complete makeovers on their own faces." You can try anything from lipstick to foundation to the eye shadow and it will be just like the real thing. Makeup Genius though only shows you how L'Oréal's products will look on your face. The app works on every complexion, more than 400 lighting conditions and is even smart enough to be able to accurately reflect how a product like a foundation will dry on your skin.



Gucci to launch make-up line

Gucci has just revealed that the brand will be releasing a cosmetics line in September this year. The announcement comes with the news that Charlotte Casdaghi will be the face of the collection. She is Grace Kelly's granddaughter and fifth in line to the throne of Monaco. The collection will contain make-up for eyes, face, lips, and nail polish, plus brushes and skin-prep products. According to Gucci, the campaign starring Casdaghi will be "highly sensual and feminine." The print campaign and accompanying video will "capture Casdaghi in a series of stolen moments which bring the spirit of the Gucci Cosmetics collection to life via Casdaghi's mesmerizing beauty and modern allure."



BIZARRE BEAUTY



Gemstone oil massage

If getting a massage doesn't make you feel pampered enough, try getting a precious gemstone-infused oil one. It's ideal for those looking to purify, revitalise, or unwind. At this 90-minute massage session at The Spa at Trump in New York, clients can choose between a diamond, emerald, ruby, or sapphire treatment for \$295 during the week or \$395 on a weekend. The oil nourishes and moisturises the skin and energises the body as well.

**BOTOX...
The right age to start!**

As the quest for younger and plumper looking skin continues, more youngsters are opting for this anti-ageing treatment

Saraya Chouda

The popularity of botox as an anti-ageing method has continued to soar over the years. With more skin clinics offering the same, more youngsters are reaching out for the needle. Many are looking at it as a preventive measure. Those in their early 20s are looking for wrinkle-smoothing treatments despite not having any. Also, the fact that it is a short-term procedure means faster results. Teenagers in the US as young as 15 and 19 are also seeking injections to cover imperfections. There is no scientific evidence to support that Botox at a young age will prevent wrinkles from forming in the years to come. But what is the long-term impact of botox usage and when's the right age to start?

VARIED AGE GROUP

Dr Sana Raha, consultant dermatologist and cosmeticologist, Aesthetic Clinic — Kokilaben Dhirubhai Ambani hospital, says botox is done by both girls and boys in their twenties for subtle corrections of facial features as well as by mature men and women as an anti-ageing treatment. "The commonest age group who approach us for botox is generally in their mid to late 30s. Botox can be done for subtle corrections of facial features like to soften a broad jawline, for a brow lift or to correct drooping angle of mouth. Besides this, botox is also used for excessive sweating of palms and soles or underarms. The treatment when done correctly by an expert can have no residual damage or side effect even if started at a very young age. There is no such thing as the



right age for botox, it totally depends on your requirement after assessing your skin," she adds.

CANNOT HARM THE FACE

"Botox is a natural purified protein used to relax certain facial muscles causing wrinkles to create a relaxed and rejuvenated experience. In our centre, we have patients in their early twenties, generally in the media or brides-to-be

who want an instant look. Starting botox at an early age cannot harm the look of the face, it just does not allow certain muscles to move, that cause unwanted wrinkles on the face. It is completely safe. Patients however, should be over 18 years of age," explains Dr Geeta Oberoi, dermatologist, founder member Skin & You Clinic, Nariman Point.

AVERAGE AGE REDUCING

Dr Viral Desai, cosmetic and plastic Surgeon, D&H India & CPLESS admits that while traditionally the typical Botox patient has been in the age group of mid-30s to mid-40s, this average is gradually reducing. "Today a fair number of my patients are in their mid-20s who wish to get rid of the very early signs of ageing. I expect the profile of the typical Botox patient to be soon redefined to late-20s to early 30s. Botox is generally well tolerated and has very few side effects. Studies have not shown any damaging long-term side effects. Very rarely long term use causes development of Botox-related antibodies. This condition is reported to have occurred in less than 0.2 per cent of cases worldwide and the only effect of this condition is that the use of Botox will not deliver results."

NEVER TOO EARLY

Dr Sadaf Rangool, consultant cosmetic dermatologist, NU Cosmetic Clinic feels botox works best when it is given preventatively. "When Botox is given at an early age, it prevents the lines from becoming permanent. What I would suggest is at whatever point people begin to notice and are bothered by some of these frown lines or forehead lines, it's reasonable to consider starting treatment. It's easier and more effective to inhibit progression than come in 10 years later and take them away."

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Thumb rules for those seeking Botox

- Make sure you have a clear need of the procedure
- Get the procedure done only from a qualified and experienced doctor, since inappropriate doses or injection sites could result in unwanted complications
- Discuss your expectations from Botox with your doctor, who should advise you on realistic results from your procedure
- Make sure the area being treated are free of skin infections
- Botox is not recommended for pregnant or lactating women or for those with a history of allergic reaction to Botox

— Dr Viral Desai

MOVIE TODAY ON & pictures



Cast: Vivek Oberoi & Neha Sharma

GANGSTER BOYFRIEND & SEEDHI SAADHI GIRLFRIEND.

Movie: Jayantabhai Ki Love Story
Channel: & pictures
Time: 2PM

Jayantabhai Ki Love Story is a twisting tale of Jayantabhai, a street-thug and small time gangster who unexpectedly falls in love with Simran, a girl who is completely opposite. But the real problem is not Simran but her parents when they find out who Jayantabhai really is. Will they accept their daughter fall in love with a Gangster? Catch the thrilling crime romance movie on 2 by Two ka Combo today at 2PM.



Dr Abhijit Desai

I am 16 years old. I wanted to know what is an effective solution for blackheads. I have severe blackheads on my nose and a few on my chin and forehead, sometimes few even appear on my cheeks which is really awful. Secondly I want to ask you if there's a solution to large pores. I have severe large pores on my cheeks, its really embarrassing. My skin is oily and sensitive. —Aaliya

First and foremost, I would advise you meet up with your dermatologist and get the blackheads removed. Since your skin is oily, you need to use facial cleansing products suitable for oily skin. You can try using either Fash foaming cleanser or Keracnyl foaming gel or Cephyl OS cleanser to wash your face. This will ensure that your skin remains oil free and will avoid formation of blackheads. As for enlarged pores, you can use Sebium pore refiner.

woman. I have grey hair since the last five years. As a result, I've started colouring it but this has made my hair dry and coarse. Any solution to prevent the greying and to make my hair strong again? —Gauri

Colouring hair with chemical-based hair colours will always make it a bit dry and coarse. You need to use a good conditioner meant for coloured hair to make them soft and smooth. You can try using Meliora hair gel to reverse premature greying. I would advise you to consult your dermatologist and then use these products with prescription and under the doctor's supervision.

Beauty Queries

I am a fair-skinned woman. Recently I've noticed a number of freckles on my face despite regularly using sunscreen. Should I be concerned about this? —Dina

It's very common to develop freckles if fair skinned. Using a sunscreen with higher SPF would be advisable. A laser treatment supported by skin lightening creams would give you results.

I get coloured patches on my back and neck area. This is more when I have been out in the sun and sweat a lot. I try to keep the area clean and apply talcum but the patches recur. What can I do to get rid of it? —Ajay

From your description it seems that you have a fungal infection. But a personal consultation would be necessary to confirm the diagnosis. Meanwhile, you should bathe twice a day Use an anti-fungal powder like Abzorb and also try using an anti-fungal cream advised by your dermatologist. It's very important to continue the treatment for at least four weeks to achieve complete clearance.

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Sand in queries to beauty. aahra@gnl.com



I am a 30-year-old

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PYAAR tune kya kiya

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