



Here's How You Can Shield Your Hair, Feet From Monsoon Demons

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(Image: Getty Images)

Love your hair? Then don't think of dancing in the rain. Use minimum hair products to keep them healthy, and grab a moisturiser with lactic acid to keep feet soft, say experts.

Vandana Punjabi, dermatologist, cosmetologist, consultant, Nanavati Super Specialist, suggests how to fight hair-related problems like stickiness, greasiness and dandruff.

- Try to keep the number of hair products to a minimum. Try to use only a mild shampoo and

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