

# Dermats Reveal : One Pre-Bridal Treatment You Should Opt For!

BY Apoorva Pagar | 29 Aug, 2017

You've got the boy, the venue and maybe even the dream lehenga but don't forget to get your dream skin game on! In the running around your skin takes a beating and we don't want that to happen. . So we asked all the dermats that what is that one secret bridal treatment that the bride should have on her wedding beauty timeline!

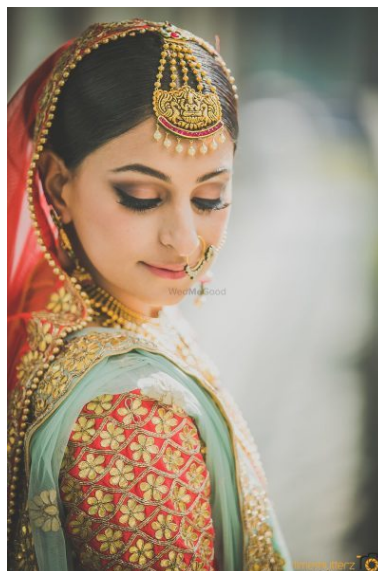
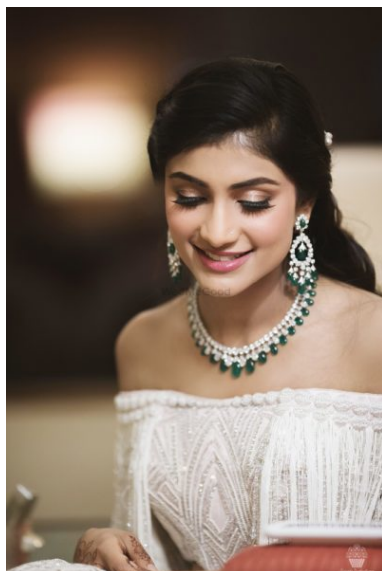


Image via  **Cupcake Productions**  , 

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## Nikeeta Uchil from **SkinStory** says

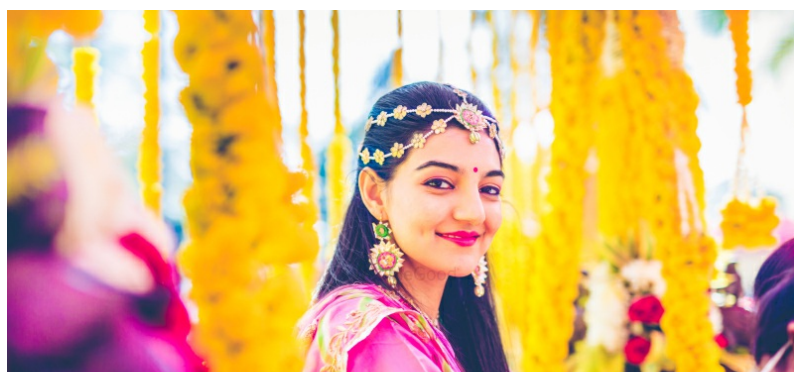
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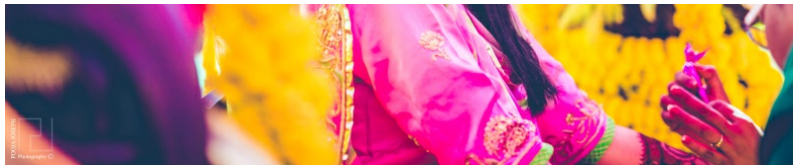
“Reveal your skin's beauty and radiance in just a few minutes! **Illuminating Radiance Ritual** begins with a relaxing welcome massage, cleanse and exfoliation, after which the Ultra Radiance Mask is applied. An energizing digido pressure massage helps the smoothing while radiance-boosting active ingredients absorb into the skin. The application of Absolute Radiance concentrate to the face and neck awakens the skin, and the treatment is finished with a skin-type appropriate cream, leaving the complexion fresh and glowing with radiance.”

## **Kaya Clinic** says

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“Rooted in dermatological expertise, the Kaya Hair Health Boost System restores your tresses to its healthiest best. **The Kaya 360° Hair Elixir Therapy** combines deep nourishing oils, phytonutrient extracts, vitamins, minerals and plant peptides to ensure healthy scalp, energized hair roots and strong hair fiber. It also helps prevent hair fall through sebum regulating and anti-scalp ageing properties. The therapy addresses dull, limp and breakage prone hair through shaft strengthening and volumizing effect. The service also contains an application to deliver instant shine and smoothening of the hair!”





 **Pooja Joseph Photography**  4.9

## Dr. Harshna Bijlani from **Ageless Clinic** says

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“The one treatment every bride and groom should definitely opt for before their big day is a **Super-Medi Facial**. They inculcate specific devices and products into a traditional facial and give dramatic results, leaving you with a healthy glow and radiant younger looking skin. LED facials use proven light therapy that combines red with infrared wavelengths of light that penetrate deep down to the dermis, to stimulate the production of collagen, repair damaged cells and reduce the formation of wrinkles. Light therapy also causes an increase in blood flow to improve the skin texture, tighten skin, close open-pores and give you a brighter more even skin tone. Laser Lightening Facials using brightening lasers like the Q-switched Nd:YAG on the other hand, help with tanning and pigmented marks by instantly brightening your skin and simultaneously bleaching the fine hairs, for glowing lighter skin. The best time to try these facials if you don't opt for them regularly, is at least one month before your wedding. Once you know it suits your skin, treat yourself by getting another one, a week before the big day and revel in the star-like glow. Another point to keep in mind is that when you're going for a facial, always go to a good skin clinic and skin expert. Do not trust a parlour or salon with your skin, especially close to your big day.”

Dr Geeta Fazalbhoy from **Skin & You**  
**Clinic** says

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“A must recommended for all brides at Skin And You is the **VIT C peel** followed by a week’s gap to the **ALMA CLEAR LIFT lightening procedure**. Both the procedures synergistically help to soften, rejuvenate, lighten and even out the skin. They give an everlasting glow and are ideal for any Bride-To-Be. The treatments have no downtime or side effects and create a perfect canvas for pre bridal make up.

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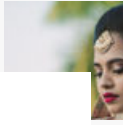
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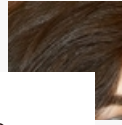
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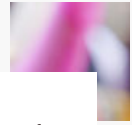
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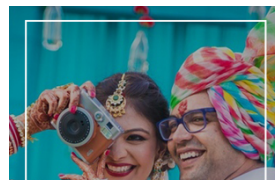
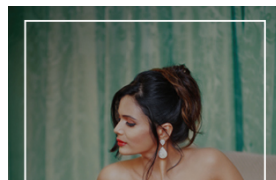
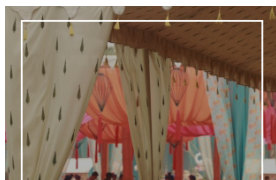


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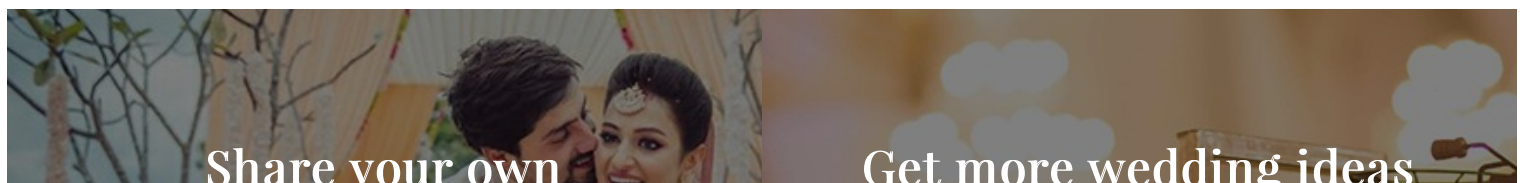
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